

Hi all

This week looms as the decision week in relation to Season 2020 in the WRFL. The WRFL will hold various meetings involving board and AFL Vic in relation to procedures and logistics around the return of community football which in turn will allow clubs to make their final decision on whether they wish to participate in a 2020 WRFL season.

We are as normal, in that training at Hanmer will occur on Tuesday and Thursday 6.15 to 7pm for field and boundary whilst goal umpires train on Tuesday night ONLY from 5.30 to 6.30pm. If you wish to train, please arrive ready to train, no access to club rooms, toilet only and bring your own water bottles.

I will inform you of any decisions when I know. I would also suggest that you check the WRFL website as decisions will be announced via the website to the WRFL community. Any decisions around future training sessions, coaching sessions, uniform, match payments etc will be reviewed and discussed based on decisions made this week.

Please continue to train where possible, in that, this week for non-Hanmer sessions is as follows so we stay in line with current training levels.

Week Commencing Monday	Monday or Tuesday	Wednesday or Thursday	Weekend
22 June	Short General Warm Up 4 x 50m 4 x 75m 4 x 100m 4 x 75m 4 x 50m Stretches	General Warm Up 1min on 30sec off 2min on 30sec off 2min on 30sec off 1min on Stretches	Field 5-8km run Boundary 8-10km run

Let's hope we have a season to work with this time next week.

Catch you on the track.

Mark