

## **RETURN TO COMMUNITY NETBALL**

Effective 18 May, 2020

### FREQUENTLY ASKED QUESTIONS

#### WHEN CAN WE START TRAINING?

Each netball Association and Club must read and understand the Return to Community Netball guidelines and have completed the Return to Community Netball Checklist.

Community netball and NetSetGO programs can return to training from **Thursday 21 May, 2020.** 

# WHAT DO WE HAVE TO DO BEFORE WE START TRAINING AGAIN?

Read the Return to Community Netball guidelines and complete the Return to Community Netball Checklist.

#### WHEN CAN OUR COMPETITION START?

We need to wait further advice from the Victorian Government.

# WE HAVE AN INDOOR VENUE; WHEN CAN WE START BACK?

Indoor venues remain closed for the purpose of exercise or sport, whilst we await further announcements from the Victorian Government. If you play at an indoor venue you can explore options to train at an outdoor venue in the interim.

# WE HAVE ACCESS TO INDOOR COURTS AND OUTDOOR COURTS. CAN WE USE OUR OUTDOOR COURTS?

Yes, providing you have separate entry and exit points, and that you can manage and direct the flow of traffic, or prevent access to other areas of the facility.

### WE HAVE MORE THAN ONE COURT AT OUR VENUE. CAN WE HAVE MORE THAN ONE GROUP OF 10 TRAINING?

Yes. Where the facility has multiple courts more than one group of 10 can be accommodated. It is strictly one group of 10 - plus a coach - per netball court.



# WHAT IF WE SHARE OUR FACILITIES WITH ANOTHER GROUP?

You will need to work together to decide on a schedule of use. Where the facility has multiple netball courts, more than one group of 10 can be accommodated per court. Under all circumstances you need to follow the Return to Community Netball guidelines.

You will need to work together and agree on procedures to access the venue, develop and agree on a cleaning roster, etc.

You also might want to complete the Return to Community Netball Checklist together.

## HOW MANY PEOPLE CAN WE HAVE AT TRAINING?

Groups of up to 10 people, plus a coach or the minimum number of support personnel reasonably required to manage the activity.

#### CAN OUR NETSETGO PROGRAM START?

Yes. You must stick to the group limit of 10 NetSetGO participants per group, plus a coach. Maintain 1.5 metre physical distancing at all times, and minimise the use of equipment.

# CAN THE COACH MOVE BETWEEN GROUPS?

No. Groups should not mix, and groups should remain constant. There should be no swapping between groups - this includes the coach.

## CAN THE COACH OVERSEE MULTIPLE GROUPS?

Yes. Providing they adhere to a 20-minute changeover period, wash their hands between each session, use hand sanitiser regularly, and sanitise any equipment used.

# CAN PARENTS AND GUARDIANS STAY TO WATCH?

No. No spectators are permitted to attend any session. Parents and guardians are required to keep a reasonable distance or they will be considered part of the group up to 10 people.



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#### **AM I COVERED BY INSURANCE?**

Firstly, make sure you have purchased a 2020 Netball Victoria membership. All current registered members are covered for personal accident insurance.

Netball Victoria's insurance policy covers all sanctioned training activities. Activities that do not comply with these guidelines may not be covered by insurance.

Associations and clubs are covered for Public and Professional Liability. **Click here** to download your Certificate of Insurance.

All insurance cover is subject to terms, conditions and exclusions.

## DO WE HAVE TO MAINTAIN THE 1.5M PHYSICAL DISTANCE WHEN WE ARE TRAINING?

Yes, you will have to modify your session to incorporate activities that allow participants to maintain a 1.5 metre physical distance. For instance, take a look at Netball Australia's KNEE program at knee.netball.com.au

All training activities must comply with government restrictions as outlined in Netball Victoria's Return to Community Netball guidelines.

Consider offering participants a train at home option. Encourage participants to complete the Train at Home checklist to ensure they are operating in a safe environment.

## WHAT CAN WE DO AT TRAINING IF WE HAVE TO STAY 1.5M APART?

This is Step 1 in our return to netball. Take this time to reconnect with your teammates, have fun, and get back into it slowly.

Start slow, with a reintroduction to fitness and conditioning. Focus on small group activities, fitness, running, footwork and passing.

#### **CAN WE USE A BALL?**

Yes. Consider dividing equipment between groups to minimise the sharing of equipment. Balls and other equipment must be sanitised between each group's use.

## WHAT IF EQUIPMENT FROM ANOTHER COURT COMES ONTO OUR COURT?

Do not handle any equipment from another court and do not move onto another court to retrieve equipment.

# CAN WE ACCESS TOILETS IF THEY ARE LOCATED INSIDE THE PAVILION OR CLUBROOMS?

Yes, you must follow any directions provided by the venue managers and always adhere to the 1.5 metre physical distancing.

# CAN WE TURN ON THE LIGHTS IF THE SWITCH IS LOCATED INSIDE THE PAVILION OR CLUBROOMS?

Yes, but limit the number of people accessing the facility, and clean or sanitise any frequently touched surfaces, such as light switches.

## I'M NOT READY TO RETURN; DO I HAVE TO GO BACK TO TRAINING?

No, participation in training is optional, and at the individual's discretion. Associations, Clubs or coaches should not force anyone to attend, and no individual should be penalised for not attending a planned session.

## I'M NOT FEELING WELL. SHOULD I ATTEND TRAINING?

No. Do not attend netball training or competition if you are unwell or experiencing symptoms such as a cough, sore throat, fever, fatigue or shortness of breath.

You should also not attend if you have had close contact with a known or suspected case of COVID-19.

# ASSOCIATION CHAMPIONSHIPS WERE CANCELLED THIS YEAR; WHAT IS WILL BE THE PROCESS FOR TALENT IDENTIFICATION?

Netball Victoria's Talent Academy and State Team selection policy was suspended earlier this year due to the impact of COVID-19. When we have more information the 2021 Talent Academy and State Team selection processes will be communicated to all Associations.