

Hi all

Monday night we are the 100 Steps of Federation in Altona. The road is Queen Street Altona and it is next to the Altona Sports Centre (basketball centre), follow the road past the Altona Sports Centre until you can not drive any further. There is no training on Thursday night at MacKillop due to Student Progress Interviews and on Wednesday night is the first field umpires coaching session after training at Hanmer.

This weekend coming is the long weekend so NO training Monday week.

See you on the track

Mark

Week and Date	Monday (Hanmer)	Tuesday (MacKillop)	Wednesday (Hanmer)	Thursday (MacKillop)	Weekend
2 nd - 5 th March	Training at Altona 100 Steps Run 6pm	Training	Training/Skills <i>Field Umpires Coaching Session (6.45pm)</i>	No Training <i>Student Progress Interviews</i>	
9 th - 12 th March	No Training <i>Labour Day</i>	Training <i>Academy Launch 7pm MacKillop</i>	Training <i>Field Umpires Coaching Session (6.45pm)</i> <i>Boundary Umpires Coaching Session (7pm)</i>	Training	Friday 13th March Bare Foot Bowls
16 th – 19 th March	Academy 4pm-5pm MacKillop	Training	Training <i>Field Umpires Coaching Session (6.45pm)</i> <i>Goal Umpires Coaching Session (6.30pm)</i>	Training	
23 rd – 26 th March Ceiling being replaced in club rooms. No Meetings	Academy 4pm-5pm MacKillop Training at Altona Beach Run & Session Early starts 5.45pm, late starters 6pm	Training	Training	Training	

CHANGE OVER	Monday	Tuesday (Hanmer)	Wednesday (MacKillop)	Thursday (Hanmer)	Weekend
30 th Mar – 5 th April	<i>No Academics</i> <i>School Holidays</i>	Season Training	Season <i>No Training</i>	Season Training/Skills <i>All Umpires Coaching Session (7pm)</i>	Round One (except Women's)
6 th – 12 th April	<i>No Academics</i> <i>School Holidays</i>	Training	<i>No Training</i>	Training/Skills	EASTER (No WRFL Football)
13 th – 19 th April	<i>No Academics</i> <i>School Holidays</i>	Training	Training	Training/Skills	Sat 18 April Sports Night at Hanmer Round Two
20 th – 26 th April	Academics	Training	Training	Training	Round Three