

WRFLTA
Lvl1 South, Whitten Oval,
417 Barkly Street, Footscray West, 3012
Phone (03)9315 5400
Email info@wrfl.asn.au



5/04/2018

To all WRFL Junior Trainers,

The WRFLTA Committee would like to take this time to thank you all for volunteering your time during the 2018 WRFL Junior Season.

We would also like to take this opportunity as the season is now fast approaching to outline certain points of what's expected as a WRFL Junior Trainer with LVL2 Workplace First Aid. As the role of a Junior Trainer has had some confusion among new Junior Trainers we would like to clarify any confusion prior to Round1.

- As a Junior Trainer you must remember only to perform to your scope of training which is what you completed in your certified LVL 2 Workplace First Aid course. It is also in our duty of care to ASSIST ANY PLAYER IN NEED OF FIRST AID, WHEN POSSIBLE AND IF REQUIRED We would also expect that all WRFL Junior Trainers ACT RESPECTFULLY TO ANY AND ALL JUNIOR PLAYERS REQUIRING FIRST AID ASSISTANCE.
- As we are working with a generation that seems to be more effected by asthma and anaphylactic allergies, we recommend that you complete a PLAYER PROFILE FORM for any junior player with medical conditions. A player profile should outline medical condition, emergency contact, next to kin and medication required or relevant treatment for that player. We also recommend that all medication (eg: Epi-Pen and Ventolin) required for a junior player should be collected prior to training or game time, clearly labelled, expiry date checked and stored safely in first aid kit. We highly recommend that all medication should be returned to the Junior player as soon as training or game is finished. WE DO NOT RECOMMEND THAT MEDICATION FOR JUNIOR PLAYERS BE STORED LONG TERM.
- The Trainers Association highly recommends the AFL POCKET SCAT WHEN DEALING WITH A SUSPECTED CONCUSSION OTHERWISE REFER TO YOUR LEVEL OF FIRST AID TRAINING. If a player is taken off the grounds during training or game time due to a SUSPECTED CONCUSSION, THE PLAYER MUST NOT CONTINUE TRAINING OR GAME AND MUST BE REFERRED TO A GENERAL PRACTITIONER OR HOSPITAL

AND CAN NOT RETURN UNTIL A WRITTEN CLEARANCE FROM A MEDICAL PROFESSIONAL HAS BEEN SIGHTED AND A COPY OBTAINED.

- The Trainers Association DOES NOT RECOMMEND RIGID TAPE TO BE USED ON JUNIOR PLAYERS FROM AGES 14 AND UNDER. As the majority of LVL2 First Aid Junior Trainers do not have experience with rigid tape and do not hold a LVL2 SPORTS certificate, it is not in your scope of training. In saying this, we recommend any junior player who has to train or play with rigid tape must have written consent by a medical professional and must have the taping done by the medical professional recommending it, prior to training or game.
- If a player is CARRIED OFF THE FIELD BY STRETCHER during a game, the player MUST STAY OFF THE FIELD FOR A MINIMUM OF 20MINUTES PLAYING TIME before returning to the game.
- All trainers MUST HAVE ACCURATE DETAILS OF THEIR GAME LOCATION in case an ambulance is required. It is suggested that before any game that the Home Trainer introduces themselves to the Away trainer so they can give DETAILS FOR AMBULANCE ACCESS and other facilities required on the day such as where to obtain ice, toilets and anything else the club has to offer during game time. Please be respectful to all clubs and clean your change room prior to leaving, throwing away any rubbish left behind by your players.

So to summaries your role as a WRFL Junior Trainer you are expected to only assist with medication when required. You are expected to manage any injuries which occur only during training or game and should refer anything that may require a medical professional. Remember, you are only expected to perform to your scope of LVL2 Workplace First Aid training.

Any WRFL Junior Trainer wanting more information on Concussion can obtain more from our WRFL TRAINERS ASSOCIATION Facebook page as well as access to our Player Profile Form to download. You can also contact the WRFLTA President Kosti Danilow direct on 0418579619 for information on LVL2 Workplace First Aid, CPR update, ERC course and LVL2 SPORTS certificate and for dates on our other education and training nights such as Asthma Management and Asthma Storms, Concussion, Rigid taping workshops. The WRFL office can help with enquiries and obtain information as well.

The Committee hopes that this will help to clear any concerns or questions that has been brought to our attention from a number of Junior Trainers that have attended past education nights. We would also like to wish all Junior Trainers and their players the very best for Season 2018 and once again thank you for giving your time.

Warm regards, WRFLTA Committee

Endorsed by WRFLTA President – Kosti Danilow

Endorsed by WRFLTA Vice President - Allan Williams

Written by WRFLTA Secretary – Tayla Bond